

Dear Parents/Carers

Welcome to Marlow Gymnastics Club held at St Peters Catholic primary school, Marlow.

Our names are Ashley and Sarah and we are both qualified coaches with over 20 years' experience in competing and coaching children and adults at all levels. We have been British Champions in Sports Acrobatics and Sports Aerobics and have competed for Great Britain both at European and World level. We have been running Hammersmith Gymnastics Club for over 11 years boasting 470 members ranging in age from 5-15yr olds. Ourselves and all our coaches are C.R.B. checked and Ashley is First Aid qualified.

So for next term only the gymnastics classes will be run at St Peters Catholic School every Thursday from 15.30 - 16.30.

We will sanitise all the childrens hands at the beginning of the session and in-between each apparatus. All equipment will be cleaned before the start and end of the class.

No parents will be allowed in the school to watch the class. There will be a minimum of 2 coach's in the gym. You will need to fill out a medical/registration form and email it back to us or you can hand it to us on the day. At the end of the lesson as we cannot allow changing the children can either put their uniform over their gym wear or go

home in their gymnastics attire.

A copy of our Terms and Conditions have also been attached for you to have a read through.

Earrings will be removed if they are older than 3 months old. (I can tape them until they can come out.) Long hair to tied back. No friendship bands, loose/frilly clothing or zips.

Next Terms Dates:

17th September - 17th December.

(No gym on the week of Half term.)

13 Weeks £110.50 per child

Hammersmith Gymnastics Club

S/C: 20-78-58 Ac/No: 23536513

Please could you put your child's/children's names in the reference.

As we are affiliated with British Gymnastics you must contact them to join up so that your child is insured to take part in the sport at our club.

This is to be done yearly and runs from 1st October - 31st September at a cost of £15 per child. Details are below of how to do this. If you are a member at another club and have listed your child with them as their primary

club that's not a problem. Please could you inform us of what club they attend or their B.G. number so that we know they are covered. Thank you.

To insure your child all you need to do is:

Type into Google: British Gymnastics Membership and then click onto the first link headed: **New Membership Join & Renew Process from 1st October...** Click on this link and then on the right hand side of the page you will see **Membership Join or Renew your membership**. If you go into that and register your child under **Hammersmith Gymnastics Club** (Not Hammersmith and Fulham Gymnastics Club) then you should be able to make the payment of £15.00 directly to them. Any problems you can call them directly on 03451297129 They're very helpful.

Any questions please let us know and we look forward to seeing you on the 17th.

Many Thanks.

Ashley and Sarah

